

## STS ACCREDITATION REQUIREMENTS

<b>REQUIREMENTS</b>	<b>STANDARD ACCREDITATION</b>	<b>ADVANCED ACCREDITATION</b>
Teaching component	Workshops 1 and 2 (each 3 days in length): 25 hours of didactic teaching and 15 hours of supervised roleplay in dyads	Workshops 1 and 2 (each 3 days in length): 25 hours of didactic teaching and 15 hours of supervised roleplay in dyads
Supervision component	At least 20 supervision sessions, each 50-60 minutes in length (individual or group equivalent)	At least 40 supervision sessions, each 50-60 minutes in length (individual or group equivalent)
Self-schema work	Highly recommended: 3 supervision sessions out of 20 can be primarily self-schema work	Highly recommended: 6 supervision sessions out of 20 can be primarily self-schema work
Peer supervision	Highly recommended	Highly recommended
Number of clinical cases	Minimum of 2 cases, each at least 25 hours (one patient with a diagnosis of personality disorder or with significant characterological difficulties; another must be appropriate for schema work due to complexity, chronicity or relapse history)	Minimum of 4 cases, each at least 25 hours (one patient with a diagnosis of personality disorder or with significant characterological difficulties. Other clients must be appropriate for schema work due to complexity, chronicity or relapse history. Therapist must demonstrate competency working with both overcompensating, avoidant and surrender modes)
Minimum number of schema therapy sessions	80	160
Duration of supervision	At least 1 year	At least 1 year
Evaluation	Submit 2 session recordings with a minimum score of 4.0 on the STCRS scale + 2 written case conceptualizations. An additional tape and case conceptualization will be rated by an independent rater	Submit 4 session recordings in total with a minimum score of 4.5 on the STCRS scale + 4 written case conceptualizations. 2 additional tapes and case conceptualizations will be rated by an independent rater(s)